

# DAV UNIVERSITY, JALANDHAR

## Proposed Hostel Mess Menu

| Day       | Breakfast  | Lunch  | Evening Tea         | Dinner   |
|-----------|--|--|---------------------|--|
| Monday    | Aaloo Parantha, Butter/Curd, Tea/ Milk Bread ( 6 pcs only) Jam.          | Maha Makhani, Mix Veg , Jeera Rice, Chappati, Boondi Raita Salad.        | Aaloo Tikki , Tea   | Aaloo-Matar , Palak Paneer, Chapatti, Rice, Salad, Rasgulla            |
| Tuesday   | Gobhi- Parantha, Butter/Curd, Tea/ Milk. Bread ( 6 pcs only) Jam.        | Rajma, Gajar- Matar , Chappati, Curd, Salad, Rice.                       | Spring Roll, Tea    | Sabut Masur- Daal , Aaloo Nutary , Rice, Chapatti , Salad,             |
| Wednesday | Mooli Parantha,, Curd, Tea/ Milk Bread ( 6 pcs only) Jam.                | White Channa, Mix Veg , Pulav Chapatti, Salad Plain Raita,               | Samosa, Tea         | Daal Makhni, Gazar matar, Chapatti, Pulav,Salad.( Kheer)               |
| Thursday  | Plain Prantha – Aaloo Sabji Curd, Tea/ Milk, Bread ( 6 pcs only) Jam.    | Curry Pakora , Aaloo Gobhi Rice, Roti, Salad.                            | Mix Pakora , Tea    | Chhana Dal, Shalgam Palak, Chapatti, Salad, Rice.                      |
| Friday    | Aaloo - Methi Parantha, Butter/Curd, Tea/ Milk. Bread ( 6 pcs only) Jam. | Matar- Paneer, Mix Dal, Chapati, Boondi Rayta, Salad, Jeera Rice.        | Mattri/ Mathi , Tea | Aaloo- Gobhi, Maha Channa Dal, Pulav, Chapatti, Salad. ( Gulab Jamun ) |
| Saturday  | Gobhi Parantha, Curd/ Butter, Tea/Milk Bread ( 6 pcs only) Jam.          | Black Channa, Aaloo Shimla Mirch Rice, Chappati, Vegetable Raita, Salad. | Pasta, Tea          | Shahi Paneer/Matar- Paneer, Mix Dal, Rice Chapatti, Salad.             |
| Sunday    | Mix- Parantha Butter/Curd, Tea/ Milk Bread ( 6 pcs only) Jam.            | Biryani,White Chana ,Curd, Chappati, Sirka Onion (Suji-Halva).           | BreadPakora- Tea    | Rajmaha, Gobhi- Matar, Pulav, Chhapti , Salad.                         |

❖ Achaar and Green Salad should be provided by the Mess Contractor during the Breakfast, lunch and dinner.

❖ The above menu may be changed as per the availability of seasonal vegetables.

**Notes:**

1. Meals will be provided strictly during mess timings. Unless specially authorized by Hostel Warden/Registrar Vice-Chancellor for Students officially engaged in Sports/Cultural /Academic activities during standard meal timings on proper & written recommendations from concerned Warden/ Manager in advance.
2. No room service will be provided and Mess Contractor will not allow dining residents to take utensils, cold drink bottles out of dining Hall.
3. Mess Contractor`s Staff & Students shall not indulge in any dispute/arguments. Matter of dispute, if any, must immediately be referred to Hostel Warden for taking necessary remedial actions.
4. Butter, Curd/Raita, milk shall be 50 gms., 150 gms., 200 ml. each respectively. Excess to entitled quantities may be served on payment at specified rates.
5. Paneer /Curd, whenever and wherever to be served shall not be less than 50 gms and 150 gms. Respectively. Excess to entitled quantities may be served on payment at specified rates.
6. Salad shall include, Onion/ Kheera/ Mooli/ Tomatoes. Seasonal availability.
7. No artificially colored food, Soya Paneer, and Ajenomotto should be served / used in the mess.
8. Salad served should be green and fresh.

**Instructions for Mess Contractor:**

1. On duty Workers must have taken bath with soap and water, and should come with hair combed, nails cut, and wear washed cloths. Hand-gloves should be used. Every semester (after six months) workers must have medical checkup.
2. Mess contractor should include hygiene and sanitation in general in the mess area.
3. Jug with clean RO Water should be placed on the tables for drinking.
4. Should be minimum two Service station.
5. In the mess at least 2-3 clean towels must be available for cleaning hands near hand washing site.
6. Utensils must be dry and clean.